

## IUC Preceptorship – IUC Insertion Checklist (To be completed for each insertion)

(10 be completed for each in	sertion)		
Trainee's name:			
Preceptor's name:			
Patient Initials :			
Case Number (e.g. 1 = first insertion, 5 = fifth patient of day):			
CRITERIA	Not applicable	PRESENT	ABSENT
Reviewed History before inserting an IUD/IUS			
Completed verbal/written consent	-		
Ruled out pregnancy before insertion an IUD/IUS	-		
Bimanual exam	-		
Insertion of the speculum	-		
Optional: STI screening			
Optional: Cleansing of the cervix with an antiseptic			
Optional : Cervical anesthesia			
Application of the tenaculum			
Sounding of the uterus	-		
Correctly opens and loads IUD or IUS	-		
Insertion of the IUD or IUS	-		
Cutting of threads at least 3 cm from the external os	-		
« No touch » technique	-		
Vocal local (reassures patient, explains steps)	-		
Management of side effects or complications	-		
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Comments and Egregious Errors:			